



AquaGO! Instructor Modules 1-3 Online Course

Sept. 28, 30, Oct. 2: 7-9pm

- CAS has moved the course to an online delivery program. This training applies to new or previously trained coaches (Comp Intro + coaches who will be delivering the AquaGO! Program in their clubs).
- Candidates must be 15 – no exceptions (the Artistic Swimming Coach website restricts access to those not 15)
- The minimum number required is 5.
- Candidates must pay the \$50.00 AquaGO! CAS fee via artisticswimmingcoach.ca and complete ALL required prerequisites (see checklist below) before they are eligible to request participation in the online course. AAS will be monitoring the AquaGO! prerequisites before providing access to register for the online course. Only candidates who have completed the pre-requisites and registered for the workshop through the Artistic Swimming Coach website, will be invited to participate via Adobe Connect.

COST BREAKDOWN

- Pre-req #1: AquaGO! Preclinic Reading & Quiz - \$50 (payable on artisticswimmingcoach.ca)
- Pre-req #2: [CAS LTAD Framework Reading](#) & Quiz – No fee (on artisticswimmingcoach.ca)
- Pre-req #3: S4L Intro to Physical Literacy Module via sportforlife.ca campus - \$24.95
- Pre-req #4: Coach Association of Canada (CAC) Coach Initiation in Sport via coach.ca - Fee \$15
- Online Course fee – TBD (payable to AAS)
- Evaluation Fee - TBD

AquaGo! PART MODULE BREAKDOWN

Modules	Duration
Delivering AquaGo! +NCCP Overview +Review Locker, CAS Coach Pathways & artisticswimmingcoach.ca	2 hours
LTAD & Fundamental Movement Skills	2 hours
Swimming Fundamental Skills	2 hours
Modules 4 & 5	TBD

NOTE: The registration 'button' for the online course will open to candidates who complete their prerequisites.

